# Glucose (Urine)

# Interpretive Summary

**Description:** Glucosuria is an indicator of increased blood glucose or an inability of the proximal renal tubule to reabsorb glucose.

#### **Decreased Glucose**

#### **Common Causes**

- Normal
- False negative with dipsticks
  - Ascorbic acid (vitamin C)
  - Formalin
  - Low urine temperature (refrigerated urine)

#### **Increased Glucose**

### **Common Causes**

- Diabetes mellitus
- Stress or excitement (cats)
- Pyelonephritis
- Leptospirosis

#### **Uncommon Causes**

- Normoglycemic glucosuria
  - Acquired Fanconi syndrome (due to renal tubular toxicosis or ischemia)
  - Congenital Fanconi syndrome and primary renal glucosuria (certain breeds)
  - o Familial renal disease (rare)
- Hyperglycemic glucosuria (blood glucose exceeds the renal threshold)
  - o latrogenic (infusion of fluids with dextrose)
  - Acute pancreatitis
  - o Chronic liver disease
- False positive with dipsticks
  - o Urinary hemorrhage, with hyperglycemia
  - Oxidizing agents: hydrogen peroxide, chlorine bleach
  - o Urine pH >9.0

## **Related Findings**

- Diabetes mellitus
  - o Increased blood glucose, cholesterol
  - Ketonuria (in severe cases)
  - Increased fructosamine
  - Increased ALP and ALT often seen
- Pyelonephritis
  - o Increased BUN, creatinine, phosphorus
  - Pyuria, hematuria, bacteriuria
  - o Positive urine culture
- Leptospirosis
  - Increased BUN, creatinine, phosphorus



- Hematuria
- Positive PCR or serology for leptospirosis

## **Additional Information**

### **Physiology**

- Glucose is not normally detected in the urine of dogs and cats.
- The glucose present in the glomerular filtrate is almost completely reabsorbed in the proximal tubules if the cell's maximum transport mechanism (renal threshold) is not exceeded.

## **Diagnostic Methodology**

Reference laboratories often use the glucose oxidase/peroxidase system for detection of urine glucose.

#### References

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